



Recognizing Our Committed KidS

ROCKS (Recognizing Our Committed KidS) is a group of students who are making the promise to keep themselves and JRG drug and alcohol free. By keeping this promise, not only are you keeping yourself safe and healthy, you are also entitled to attend a variety of fun ROCKS activities throughout the school year.

Please read through each part of this pledge with your parent or guardian, and commit to keeping yourself and JRG drug and alcohol free by making the following promises. Please check all of the boxes:

STUDENT PLEDGE

- ☐ I am committed to remaining alcohol, drug and tobacco / vaping products free.
- ☐ I am committed to taking positive steps in creating a school environment where my peers and I can feel comfortable making good choices.
- ☐ I want to remain alcohol, drug and tobacco / vaping products free for me, my family and my community!

PARENT PLEDGE

- ☐ I /We support my/ our student's choice to be alcohol, drug and tobacco/vaping products free.
- ☐ I /We will support my / our student's commitment by regularly discussing their promise to remain substance free.

Student Name: _____ **Student Grade:** _____

Student Signature: _____

Parent / Guardian Signature: _____

Student TLC Teacher: _____

Student T-Shirt Size: _____

Congratulations on becoming a member of ROCKS!
Thanks for doing your part to keep JRG drug and alcohol free!