



# PAGE #1



## 5<sup>th</sup> Grade Computer Applications

Students have started the year with an assessment of their computer keyboarding skills. We have begun daily practice in order to help students work to improve their typing speed and accuracy. Additionally, we have been learning how to create presentations, with a focus on creativity and formatting.

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## **Physical Education** **5th and 6th grade P.E.**

**During the month of September, Mapleview PE students participated in several different activities. We will begin the year by working in groups to promote team building within the class. Students will also get reintroduced to our components of physical fitness- muscular strength, muscular endurance, flexibility, and cardiovascular endurance.**

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## 6<sup>th</sup> Grade Computer Applications

Students have started the year with an assessment of their computer keyboarding skills. We have begun daily practice in order to help students work to improve their typing speed and accuracy. In 6th grade we have started our Digital Citizenship unit. In this unit students will think critically about how they interact with others in our digital world.

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## **Choir announcement:**

I am so excited to get choir started this year! Choir is offered to both 5th and 6th graders and is held after school. Those of you who have signed up, welcome! Choir is a great opportunity for you to express your creativity, voice, and to grow connections with students that might not be in your class. We will be doing a lot of singing, so I hope you're ready! Our first concert takes place in December, more information will be released in the coming months. I can't wait to get started! Ms. Reimann



## Band

The beginning of the school year means our band kids are getting back into the routine of bringing their instruments for their lessons and full group band rehearsals. Help your band student by reminding them to bring their instrument, binder and a pencil to each band lesson and rehearsal. Don't forget to sign your student's weekly band practice sheet as well! The 6th graders have already started full group band in the gym, it is awesome to hear them play together as a group again! Pretty soon we will be handing out exciting concert songs for our winter concert to both the 5th and 6th graders. As of right now, our first concert is on Tuesday, January 25th, 2022. Specific concert details to come in the future! I am excited for another wonderful year with your students!

-Mrs. Bolden

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## Healthy Living

### Healthy Living-5

It has been a great start with the 5th graders in Healthy Living. I describe this Healthy Living class, as truly a Wellness class addressing physical, mental and social health especially as they apply to adolescents. Healthy Living is a non-graded class, but we continue to have standards to address and good habits to establish. Our topics in 5th grade include: Wellness triangle, Developmental Assets; Nutrition; Family/Friends; Emotions; Stress/Anger; Tobacco; Personal Health and Safety, and Human Growth and Development. Our first unit has been the Wellness Triangle. Students are learning to broaden their view of what it means to be healthy to include not just physical health, but mental and social health as well.

### Healthy Living-6

How great it is to see the 6th graders again. I truly have missed them. You may not see it because you look at them every day, but what a change I have seen since Healthy Living 5. Many are taller than me, so I did have to remind them that height does not equal power. :) Not only do I see the changes in their height, but I have also noticed personality changes that most certainly put them in the category of adolescence. (Really, this is positive!)

After reviewing the Wellness Triangle, we spent time learning about the Developmental Assets. These are "traits" that researchers have found will help kids to be "happy, healthy and successful". I feel very strongly that these assets lay a solid foundation for young people to become physically, mentally and socially healthy. We will be learning more about the asset of self-esteem including how to raise our self-esteem. A high self-esteem will enable your child to try new things, stand up for themselves and accept their shortcomings.

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## Music:

### 5th Grade:

It has been such a great first couple of weeks getting to know you! I have been so impressed with your confidence and participation in music class. I hope that same energy continues throughout the school year! For quarter one, we will be continuing to sing outside, review note/rest names and values, and practice performing rhythms on classroom instruments. I can't wait to see what you will bring to Mapleview this year!

### 6th Grade:

It is so great to have you back! You were such a great class to work with last year and with our last year together, I know you'll be just as great. I've been very excited to hear you sing more this year and I can't wait to continue doing so. In quarter one, we will be continuing to sing outside, review our note names and values, and we will be starting our World Drumming unit! This is one of my favorite units and I can't wait for you to experience it. I am so sad that this is our last year together, but so excited to see what you all do in the future. Let's make this a great year!

### Choir:

I am so excited to get choir started this year! Choir is offered to both 5th and 6th graders and is held after school. Those of you who have signed up, welcome! Choir is a great opportunity for you to express your creativity, voice, and to grow connections with students that might not be in your class. We will be doing a lot of singing, so I hope you're ready! Our first concert takes place in December, more information will be released in the coming months. I can't wait to get started!

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## ART



## 5th and 6th Grade Art

All 5th and 6th students will have Art with me (Mr. Calmes) for one quarter during the second semester. I cannot wait to meet the 5<sup>th</sup> grade students and be able to see the 6<sup>th</sup> grade students again. I am spending the first semester at Woodland Intermediate with the 5<sup>th</sup> and 6<sup>th</sup> grade students there. My biggest goal for the 5th and 6th grade students when they are in my classroom is to step out of their comfort zone and try new things. I want the students to have fun, be creative, problem solve and learn how to think independently.

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