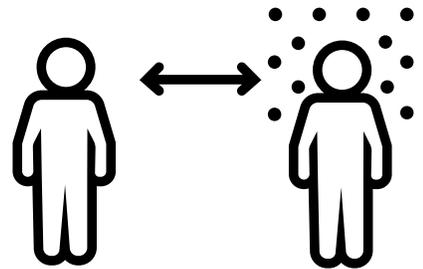


CLOSE CONTACT GUIDE

What does it mean to be a close contact of someone with COVID-19?

You are a “close contact” if any of the following situations happened while you spent time with the person with COVID-19, even if they didn't have symptoms:

- ✓ Had direct physical contact with the person (for example, a hug, kiss, or handshake)
- ✓ Were within 6 feet of the person for more than 15 minutes
- ✓ Had contact with the person's respiratory secretions (for example, coughed or sneezed on; contact with dirty tissue; shared a drinking glass, food, towels, or other personal items)
- ✓ Live with the person or stayed overnight for at least one night in a household with the person



EXAMPLE

Your child was playing outside with a neighborhood friend when he drank from the friend's water bottle without thinking. The following day, the friend developed symptoms and subsequently tested positive for COVID-19. **Your child is a close contact.**

EXAMPLE

I went out to eat with a friend yesterday and we were within 6 feet of each other for 30 minutes. The following day my friend tested positive for COVID-19. I am now a close contact. What about my child? **Your child is NOT a close contact** as your child did not spend time with your friend.

If you had contact with someone who has been diagnosed with COVID-19 you may be at risk of infection. Follow these recommendations for 14 days since your last close contact with someone with COVID-19. It is important to **self-quarantine and self-monitor** to protect yourself, your family, and your community.



As a close contact, what does it mean to quarantine?



- Stay home
- Avoid travel
- Go out only if absolutely necessary
- Postpone all non-essential medical appointments until your quarantine is over
- Do not use public transportation, ride-sharing, or taxis
- Wear a face cover when you are around others

See Next Steps: close contacts of someone with COVID-19